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Ski tours in Bezengi region, Central Caucasus and ski ascent of Elbrus

Program of the 11-day tour

Day 1	Arrival to Mineralnye Vody (Mineral Waters) airport. 6-hour bus transfer to mountain camp Bezengi (2200 m above the sea). Accomodation in the camp.
Day 2	Ski climbing on Mizyrgi glacier to altitude 3500m (4-5 hours), downhill to the Bezengi camp (1 h).
Day 3	Ski climbing to Dzhangui-kosh, Austrian bivouac (3200m, 6 hours). Skiing down from Sella pass (4250 m) or Dychni-Aush pass (3872m). Overnight in the bivouac.
Day 4	Ski climbing to Niz. Zanner pass (3920m, 3-4 hours), downhill to the Bezengi camp (2 h). Overnight in the camp.
Day 5	Bus transfer to Terskol village (about 2100 m above the sea). Accommodation and overnight in hotel.
Day 6	Bus transfer to Azau, lower station of the Elbrus aerial cableway. Lifting up to Gara-bashi station (3720 m) at upper end of the cableway. Accomodation in "Barrels" hotel at the station or in other mountain huts. A ski touring up to altitudes of 4200-4300 m.
Day 7	Climbing by ski up to Pastukhov rocks (4650 m, about 3 hours) and possibly higher, up to 5000 m, and then downhill back.
Day 8	Ski ascent of West (5642 m) or East (5621 m) summits of Elbrus, return back, down to the night lodging (totally about 10-12 hours).
Day 9	Descent to Azau by the cable lift and further, down to Terskol. Overnight in the hotel.
Day 10	Reserve day.
Day 11	Bus transfer to Mineralnye Vody (Mineral Waters) airport, flight home.

Period – the end of March – April - May.

The programs can be varied depending on the weather and slope condition.

Reaching tops of the peaks is dependent on slope condition and not always can be realized.